

Level	Fee (USD)	<p align="center">Certification Requirements</p> <p align="center">Please review the Units Table for calculating training units before submitting</p>
1	\$50	Training Units Required – 12 units
2	\$200	1) Training Units Required – 24 units (in addition to Level 1 units) 2) Use of the Brief Mood Survey (BMS) and Evaluation of Therapy Session (ETS) forms with 3 patients (2 sessions per patient). Submit de-identified original forms to certification@feelinggoodinstitute.com . 3) Purchase Therapist Toolkit and Therapist E-book. Signed application affidavit certifying E-book has been read in entirety. (These materials are sold by David Burns, MD, not FGI. To purchase: www.feelinggood.com)
3	\$200	1) Training Units Required – 12 units (in addition to Level 1 and 2 Units) 2) Completion of either: a. Level 3 exam preparation course (21 CE), or b. Minimum 4 hours of 1:1 exam preparation sessions with a Level 4 or 5 Trainer. 3) Passing an oral exam (i.e., role-play based skills exam that demonstrates all key components of TEAMCBT). Endorsement of readiness is required, from a Level 4 or 5 Trainer, prior to scheduling the exam. 4) Use of the Brief Mood Survey (BMS) and Evaluation of Therapy Session (ETS) forms with 5 patients (2 sessions per patient). Submit de-identified original forms to certification@feelinggoodinstitute.com
4	\$100	1) Training Units Required – N/A 2) Learn to provide TEAM-CBT 1:1 consultation, either: a. 40 weeks of “Advanced Consultation Group” focused on learning skills of TEAM-CBT consultation (exclusively for Levels 3+; taught through FGI), or b. 14 hours of 1:1 Training with a Level 5 Trainer; Must follow specific guidelines (request from richard@feelinggoodinstitute.com whereby the trainee acts in the role of consultant on cases. 3) Learn to lead TEAM-CBT training groups, choose one: a. 24 weeks (minimum) co-leading a training group with a Level 4 or 5 trainer, or b. Teach a 12-week structured curriculum with supervision from a Level 5 TEAM trainer (requires 6 one-hour meetings; supervisor must observe at least one group meeting), or c. Teach a 12-week structured curriculum with supervision from “Train the Trainers Group” (Currently offered free via FGI. Contact: admin@feelinggoodinstitute.com for the list. 4) Endorsement of readiness from two Level 5 Trainers.
5	\$0	1) Training Units Required – N/A 2. Level 5 Master Clinicians and Trainers are selected for their demonstrated proficiency in Training Skills, Clinical Skills, Interpersonal Skills & Community Building. Request application process and criteria from FGI.

*To calculate “units” for trainings attended, please see the Certification Units Table Feeling Good Institute R2021. Requirements are subject to change.

Apply online at www.feelinggoodinstitute.com/certification Sign-up for trainings at www.feelinggoodinstitute.com/training-consultation-group

Anti-Discrimination Statement

Feeling Good Institute stands against discrimination. We believe in acceptance, inclusion, and equality. Discrimination against people based on identify status (e.g., race, ethnicity, gender identity, sex, sexual orientation, ability status, country of origin, religion) is harmful and not tolerated. Any hate speech or discriminatory practices will result in immediate removal from our training groups. This includes public statements or behaviors made outside of the training themselves.